



AS-SUBAH  
ACADEMY

# Teen

ONLINE

ISLAMIC STUDIES

COURSE



INFORMATION PACK

INFO@ASSUBAH.COM

WWW.ASSUBAH.COM

# OVERVIEW

Parents often hesitate and feel confused about how to discuss important key issues with their teenage children, specifically on issues related to growing up. However, holding back on having these vital discussions could leave your child vulnerable, especially while immorality and sinful behaviour is constantly promoted and presented to them as the social norm.

With the influence of the entertainment industry and social media in the current age, now more than ever, when teenagers are turning towards disbelief and immorality, as well as forbidden actions and lifestyles, we need to be the ones to take the first step and educate our children about the do's and don'ts of life. We have to ensure we do whatever we can to preserve their innocent and pure nature without leaving them naive and helpless against external immoral influences.

We have developed an engaging and interactive way to enlighten your child with the crucial life-moulding information they need to guide them safely through their teenage years and they can do it from within the safety and comfort of their own home.

This is a Year Long Course and we will be making an outline for each Module.



**EVERY SUNDAY**

**10:00am - 12:30pm**

## LESSON STRUCTURE

10:00 am	Lesson 1
10:30 am	Lesson 2
11:00 am	Break
11:10 am	Lesson 3
11:40 am	Lesson 4

## EXCLUSIVE BENEFITS:

- Certificates awarded upon completion
- Online, live and recorded
- lessons, allowing you to learn at your own pace
- 95% lesson based curriculum
- All exams are verbal/spoken
- Q&A with teachers
- Islamic spiritual development mentoring designed exclusively for Teens
- Structured course: helping you progressively advance to higher levels
- Further guidance via recommended reading and other courses
- Exclusive discounts on As-Subah Weekday Madrasah
- Free Access to all short courses offered by As-Subah
- Segregated Classes for Maximum interactions

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# TAFSIR

THIS MODULE IS  
TAUGHT USING  
CONTENT PREPARED  
BY **AS-SUBAH**, BASED  
PRIMARILY ON MA'ARIF  
AL-QUR'AN OF **MUFTI  
MUHAMMAD SHAFI  
UTHMANI** AND **TAFSIR  
IBN KATHIR**.

Tafsir means explanation. It is the science which aids us towards truly understanding the meaning of the Qur'an, based primarily on the explanation of the Prophet ﷺ himself and his companions (may Allah be well pleased with all of them).

We want our students to fall in love with the Qur'an so we make the focus of the Tafsir «Challenges in Modern times».

## MODULE 1:

- Loving the Qur'an
- Virtues of reciting and studying the Qur'an
- Etiquette of reciting the Qur'an
- Introduction to Tafsir
- Historical background of the Qur'an
- Method of reading & Researching Tafsir

## MODULE 2:

- Tafsir of Surat al-Fatihah
- Tafsir of Surat al-Takathur (the Piling Up)
- Tafsir of Surat al-'Asr (the Time)
- Tafsir of Surat al-Humazah (the Slanderer)
- Tafsir of Surat al-Fil (the Elephant)
- Tafsir of Surah Quraysh (Quraysh)
- Tafsir of Surat al-Ma'un (the Assistance)
- Tafsir of Surat al-Kauthar (the River of Abundance)
- Tafsir of Surat al-Kafirun (the Disbelievers)
- Tafsir of Surat al-Nasr (the Help)
- Tafsir of Surat al-Masad (the Palm Fiber)
- Tafsir of Surat al-Ikhlâs (the Sincerity)
- Tafsir of Surat al-Falaq (the Daybreak)
- Tafsir of Surat al-Nas (Mankind)

## LEARNING OUTCOMES:

- Learn to Love and Appreciate the Qur'an
- To have a good understanding about how the verses of the Qur'an were revealed.
- Understand how the different themes and stories in the Qur'an come together.
- Become connected to the Qur'an by relating to its message in modern times.

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# FIQH

A comprehensive study of the rulings related to worship - Taharah (purification), Salah, Zakah, Sawm (fasting), Hajj, Nikah (marriage), Talaq (divorce) & Buyu' (financial transactions) - with a basic insight into evidences from Qur'an & sunnah, ensuring our worship is valid and that our day-to-day life is in accordance with Islam.

This module will be taught based on Maraqi al-Falah of Imam al-Shurunbulali, Heavenly Ornaments of Shaykh Ashraf 'Ali al-Tahanawi & the Mukhtasar of Imam al-Quduri.

## MODULE 1:

- Fiqh of Taharah (Purification)
- Fiqh of Hayd (Menstruation), note: Girls will be required to complete a detailed study separately
- Fiqh of Salah
- Fiqh of Zakah
- Fiqh of Sawm
- Fiqh of Hajj & Umrah

## MODULE 2:

- Essentials for Teens
- Fiqh of Halal & Haraam
- Navigating through Social Media
- Understanding Hijab & Modesty

## LEARNING OUTCOMES:

- Gain an understanding of Fiqh as an Islamic science
- Develop a strong foundation and knowledge of the rulings related to worship and every-day life
- Eliminate doubts regarding the validity of your acts of worship, transactions, etc.
- Be able to distinguish the Halal from the Haram, the permissible from the impermissible, the disliked from the recommended and be able to live your life according to the dictates of the Shari'ah
- Be prepared in the Teen Years as there is a change in the body thus various aspects of Fiqh becomes Mandatory knowledge
- Learn how to navigate the obstacles in the teenage years which many face in Schools. College & University

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# HADITH

The sayings of the Prophet ﷺ are the second most important source of knowledge in Islam after the Qur'an. They, along with the Qur'an, are the very foundations of our faith from which we take our guidance. The prophetic narrations have been preserved by the scholars of Islam, and have been passed down throughout the centuries from generation to generation, right up to our time. Studying his ﷺ teachings and advices, as well as making an earnest effort to implement them into our daily lives is something all Muslims should work towards, and emulating him ﷺ is something we should all aspire to do.

This module will be taught based on 100+ selected narrations taken from al-Adab al-Mufrad of Imam al-Bukhari, Riyad-al-Salihin of Imam al-Nawawi and Mishkat al-Masabih of Imam al-Tabrizi.

## CONTENT

- Virtues and Good Deeds
- Sincerity, good intention in all deeds
- Good character and manners
- Repentance and seeking Allah's forgiveness
- Love for the sake of Allah
- Spreading peace,
- greeting with peace
- God-fearing piety and righteousness (taqwa)
- Reliance, conviction and trust in Allah
- Truthfulness and honesty Integrity, uprightness and steadfastness
- Patience and perseverance
- Modesty and good conscience
- Forgiveness and pardon
- Reconciliation and harmony
- Smiling and kind words
- Thankfulness and gratitude
- Sincere good will
- Seeking knowledge
- Kindness and gentleness
- Kindness to parents
- Kindness to neighbors
- Kindness to women
- Kindness to servants
- Kindness to the poor
- Freeing slaves
- Enjoining good and forbidding evil
- Self-sufficiency and contentment
- Hard work and responsibility
- Fulfilling promises
- Covering faults
- Good habits
- Martyrdom without fighting
- Valuable lessons
- Many More Chapters related to Acts of Worship, Manners, Etiquette and Sins

## LEARNING OUTCOMES:

- Understand the importance of Hadith to Muslims Gain an appreciation for the words of the Prophet ﷺ
- Be able to apply the prophetic advice to your daily life
- Learn how to strive towards emulating the perfect example of the Prophet ﷺ
- Discover the vast teachings of Islam on all areas of life

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# AQIDAH EXPLAINED

The very first pillar of Islam is the Shahadah -the testification of faith - that there is none worthy of worship besides Allah and that the Prophet Muhammad ﷺ is his servant & Messenger. In Islam, our beliefs are the very core of our being Muslim and are central to our faith.

This Module aims to make the young muslim a critical thinker towards non islamic ideologies and doctrines all in a comprehensive yet simple manner.

- |                                      |  |
|--------------------------------------|--|
| ● Beliefs Relating to Allah & Tawhid | ● Divine Books, Life In The Grave & Accountability |
| ● Allah's Names, Attributes & Speech | ● Signs Before The Day of Judgement                |
| ● Prophethood & its finality         | ● The Sahabah Iman & its Branches                  |
| ● Angels                             | ● Fate, Disbelief and Athiesm                      |
| ● Signs Before the Day of Judgement  | ● Sectarianism                                     |

## LEARNING

Gain confidence and stronger affirmation in one's own belief

Be able to differentiate between the deviated sects

Recognise misconceptions related to beliefs

Learn what beliefs are sound and which are unacceptable in Islam

Gain the ultimate success by not losing your own faith and in sha Allah, gain salvation in the everlasting life of the hereafter



# TEEN SIRAH

Immersing ourselves in studying the inspirational life of the Prophet ﷺ is the most effective and emotional way to increase our love for him - ﷺ his ﷺ birth/upbringing, life before and after Prophethood, his ﷺ family life, major events, the struggles he ﷺ faced, the battles he ﷺ fought and so much more.

This module will be taught based on al-Shifa of Qadi 'Iyad and Sirat al-Mustafa of Shaykh Idris Kandhlawi.

## MODULE 1:

- The perfect character of the Prophet ﷺ.
- What is obligatory, impermissible or permissible towards
- the Prophet's ﷺ due right.
- Aspects related to Legal Judgments for the one who
- disparages or reviles the Prophet ﷺ.
- The importance of following the Prophet

## MODULE 4:

- The Mi'raj
- Invitation to Islam and the Ansar
- Migration
- Brotherhood between Muhajirun and Ansar
- Military Expeditions; Badr, Uhud, Khandaq etc.
- Hdaybiyyah
- International efforts
- The conquest of Makkah
- The farewell Hajj
- The demise of the Prophet ﷺ

## MODULE 2:

- The Biographical account of the Prophet ﷺ
- Untainted Family Lineage
- From his auspicious birth up to Prophethood

## MODULE 3:

- Prophethood
- The early Muslims
- The Spread of Islam and the Quraysh
- Arch Enemies and struggles of the Prophet ﷺ

## LEARNING OUTCOMES:

- Discover the life of the Prophet ﷺ
- Bring the Prophetic example into your own life
- Appreciate the great significance of the Makkan/Madinan periods & the blessed lands of Makkah & Madinah
- Be able to emulate the Prophetic morals & character.
- Unravel the sublime status of the Prophet ﷺ
- Develop love and respect for the Prophet ﷺ
- Take lessons from the companions and their unwavering faith in the face of immense difficulties
- Be amazed by the Prophetic miracles.
- Gain a deep insight into the distinct love & respect between the Prophet ﷺ and the blessed companions





# PERSONAL DEVELOPMENT

Personal development is extremely important and vital for every Muslim child and teenager, as it gives them a clear understanding of their purpose in life and enables them to think and plan ahead, both short-term (days, weeks and months) and long-term (years, decades) with a focused vision for their worldly-life and the life of the hereafter. This ultimately then becomes a guide for them to stay on-track and overcome all the difficulties they face, whether they are spiritual, physical, financial and so on.

This Module is based primarily on Imam Ghazzali's Beginning of Guidance and supplemented with modern research on psychology and productivity.

## MODULE 1:

- Etiquette of the learner
- How spirituality impacts our lives
- Power of barakah: achieving more with less
- Mindsets & values

## MODULE 2:

- Praiseworthy traits of the Heart
- Blameworthy traits of the heart
- Managing & disciplining the heart

## MODULE 3:

- Managing the external, the internal, & life distractions
- Practical tips To boost your focus
- Building a trusted system to control emotions
- Understanding and managing focus

## LEARNING OUTCOMES:

- A new outlook on life based around religion and spirituality
- Mastering time management
- Mastering focus
- Controlling anger and other negative traits of the Heart

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"SEEKING KNOWLEDGE IS AN  
OBLIGATION UPON EVERY MUSLIM"

# Teen

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ISLAMIC STUDIES



1 YEAR COURSE



**SUNDAY**

10:00AM – 12:30PM

£

**£25**

A MONTH

**COURSE START DATE : 7TH JANUARY 2024**

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